



THE  
**SHELDON**  
Arts Without Borders

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FOR IMMEDIATE RELEASE

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**DRAWINGS AND SCULPTURE ARE THE BASIS OF OBSERVATION  
DURING COVID IN THE CITY OF ST. LOUIS BY ARTIST SARAH FROST**

ST. LOUIS – The Sheldon Art Galleries presents ***Sarah Frost - Relief***, November 6, 2020 – January 30, 2021 in the Gallery of Photography. A free public opening will be held **Friday, November 6 from 12 - 9 p.m.** Visitor capacity for the opening will be limited to 10 visitors per 15-minute time slot. Advanced registration is required at [TheSheldon.org/events/falopening/](https://TheSheldon.org/events/falopening/). *Registration ends at 10 a.m. on November 6.* Gallery hours are Tuesdays – Fridays, Noon – 5 p.m. and Saturdays, 10 a.m. – 2 p.m. Admission is free. Visitor capacity will be limited to 25% or less of full capacity. Reservations are not required or accepted for regular public hours. All staff and visitors age 9 and older will be required to wear masks while visiting the galleries. For more information on exhibitions and health and safety guidelines, visit [TheSheldon.org](https://TheSheldon.org).



Sarah Frost's exhibit consists of two separate bodies of work – drawings and wall sculptures – dissimilar in media and subject but similar in their basis in observation and artistic focus and in the context in which they were made: in the City of St. Louis during the COVID-19 pandemic.

Her drawings are the product of a couple of hours spent daily, in the very early morning, over the past seven months. The close observation of form and light, as well as the focus on the brushwork necessary to make these drawings, was meditative in that it required sustained attention. This regular practice over the pandemic months was an antidote to the stress of the uncertain times for the artist – a tangible relief. Her drawings also reflect a strong interest in line, both in the depiction of linear elements, like hair or seams, and in the use of linear brush strokes to create form.

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The second body of work is literally “relief” – a group of cast, low-relief wall sculptures. These forms are taken from sites Frost discovered while out walking – something her family engaged in much more than usual this year. Frost says, “I enjoy the discovery of finding interesting visual situations and found many during these walks, such as cracks and patches in sidewalks, potholes, knots in trees, lawn ornaments, etc.” Close observation revealed that some of these “visual situations” reflected the absence of what had once been there, while others reflected how time, use and the elements had changed something that was once whole. Frost’s process was to then return to some of these sites to take impressions to work with in the studio, and later cast in plaster or stone. Like the drawings, many of these pieces have linear elements in their composition.

Sarah Frost received a Bachelor of Fine Arts in painting from Washington University in St. Louis and a Master of Fine Arts degree in sculpture from Southern Illinois University, Edwardsville. Frost’s work has been exhibited in solo and group exhibitions, including exhibitions at Laumeier Sculpture Park and Museum in St. Louis; Contemporary Art Museum St. Louis; PPOW Gallery in New York; Corcoran Gallery of Art in Washington, D.C.; Telfair Museums in Savannah, Georgia; CODA Museum in Appeldorn, Netherlands; and Balzar Art Projects in Basel, Switzerland. She has also received numerous awards and grants, including the Great Rivers Biennial grant in 2009, funded by the Gateway Foundation in St. Louis. Her work is also in numerous collections, such as Microsoft Corporation, AT&T, The Carl and Marilyn Thomas Foundation and The James Hotel. She currently lives and works in St. Louis.

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Image caption: Sarah Frost, *Delta*, 2020, 4” x 16” x 1 ¾.” Cast stone.